

Zao[®]

Supplements

MULTI AGE

(vitamins & minerals)



Zao[®] Multi Age is an advanced multivitamin and mineral formula for children and adults in powder form for maximum bioavailability.* It combines over 56 nutrients that support brain, bone, immune, cardiovascular and metabolic functions throughout the aging process.*

Zao[®] Multi Age is free of copper and iron, which make it easy to incorporate into the diet of highly sensitive individuals.

Zao[®] Multi Age focuses on completeness, bioavailability, balance and potency and is based on input from industry leaders.

Brain Support

Supplementing with brain fuels and nutrients for nerve health, like Choline, Inositol and Lecithin, help to support the myelin sheaths to keep nerves healthy and functioning correctly.* L-Glutamine acts as brain fuel to increase mental and physical energy which supports proper mood balance.* Minerals such as Magnesium and Calcium which are essential for normal brain and nervous system functions also support cognitive function.*

Bone Support

Calcium, Magnesium, Phosphorus, Vitamin D3 and Boron support growing and mature bones. Magnesium assists with calcium and potassium uptake while boron is needed for the metabolism of calcium, phosphorus and magnesium. Along with promoting strong bones, calcium helps to protect bones and teeth from lead by inhibiting its absorption.* When calcium is deficient, lead can be absorbed and deposited in the teeth and bones.

Immune System Support

DMG, Alpha Lipoic Acid, B Vitamins, Digestive Enzymes, Bioflavonoids and Vitamin C help to support the immune system by reducing oxidative stress.* Gluconic[®]DMG has been awarded 3 U.S. Patents in the area of immune response.* Also included to support healthy aging and the immune system function are vegetarian digestive enzymes. EnzoPharm[®] Plus is a proprietary blend of amylase, protease, lipase, hemicellulase and lactase to support digestion and absorption of food nutrients.*

Cardiovascular Support

Co Enzyme Q10, L-Carnitine, DMG, Vitamin D3 and GLA support cardiovascular health.* Together they work to provide cellular energy, antioxidant activity, and better circulation.* By supporting fat metabolism, L-Carnitine also helps protect the liver and blood vessels from fat deposits.*

Zao[®] Multi Age can be mixed in any cold beverage or soft food like yogurt, applesauce, and pudding. It has a light fruit flavor and flexible dosing; 1 serving for children and 2 for adults.

Zao[®] Multi Age is a convenient way to support optimal health for the family.*

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Each Scoop (13 g) Contains:

| | |
|---|----------|
| Calories | 47 |
| Total Fat | <1 g |
| Total Carbohydrates | 9 g |
| Total Protein | 2 g |
| Vitamin A (Acetate) | 2,000 IU |
| Beta Carotene (Provitamin A) | 7,500 IU |
| Vitamin C (Calcium Ascorbate and Ascorbic Acid) | 500 mg |
| Vitamin D3 (Cholecalciferol) | 1,000 IU |
| Vitamin E (d-alpha tocopheryl succinate) | 200 IU |
| Vitamin K | 90 mcg |
| Folic Acid | 200 mcg |
| Thiamine | 35 mg |
| Riboflavin | 35 mg |
| Niacin | 10 mg |
| Niacinamide | 25 mg |

| | |
|---|---------|
| Vitamin B6 | 35 mg |
| Vitamin B12 (Methylcobalamin) | 75 mcg |
| Biotin | 150 mcg |
| Pantothenic Acid | 35 mg |
| Calcium (Ca. Citrate) | 500 mg |
| Iodine (from Kelp) | 50 mcg |
| Magnesium (Mg. Citrate) | 250 mg |
| Zinc (Gluconate) | 10 mg |
| Selenium (Se. Amino Acid Chelate) | 75 mcg |
| Manganese (Mn. Gluconate) | 2.5 mg |
| Chromium (Chromemate [™] GTF) | 100 mcg |
| Molybdenum (Mo. Amino Acid Chelate) | 30 mcg |
| Potassium (K. Citrate) | 25 mg |
| Lecithin | 175 mg |
| Mixed Citrus Bioflavonoids | 100 mg |
| Choline (Citrate) | 80 mg |
| Inositol | 65 mg |
| L-Glutamine | 50 mg |
| L-Carnitine | 50 mg |
| Linoleic Acid | 50 mg |
| PABA (Para-aminobenzoic Acid) | 35 mg |
| DMG HCl | 25 mg |
| Alpha Lipoic Acid | 20 mg |
| Stevia | 35 mg |
| Hesperidin | 12.5 mg |
| Rutin | 12.5 mg |
| Pectin | 12.5 mg |
| Betaine HCl | 10 mg |
| EnzoPharm [®] Plus | 8 mg |
| (A proprietary blend of vegetarian enzymes: amylase, protease, lipase, hemicellulase, and lactase) | |
| Coenzyme Q10 | 5 mg |
| RNA (Ribonucleic Acid) | 5 mg |
| Silicon (Horsetail Rush) | 4 mg |
| Bromelain | 2 mg |
| Papain (Enteric Coated) | 2 mg |
| Cellulase Enzymes | 2 mg |
| Boron (B Amino Acid Chelate) | 1.5 mg |
| Octacosanol | 500 mcg |
| Vanadium (Vanadyl Sulfate) | 10 mcg |

Other ingredients: xylitol, natural lemon-lime flavor, xanthan gum, citric acid.

- **Suggested Use:** As a dietary supplement, mix amount below in a cold beverage or soft food.

Children (4-12): 1/2 scoop daily, with a meal.

Over 12: 1 scoop daily, with a meal.



AnazaoHealth[®] Corporation | Create. Heal. Live.[®]

Distributed by

AnazaoHealth Corporation
6630 W. Arby Ave, Ste. 102 • Las Vegas, NV 89118
800.995.4363
www.anazaohealth.com

Gluconic[®] DMG is a registered trademark of DaVinci Laboratories of Vermont.
EnzoPharm[®] Plus is a registered trademark of Enzyme Development Corporation.
Chromemate[™] is a trademark of Interhealth Company.
AnazaoHealth[®], Create, Heal, Live[®], the Compass, and Zao[®] are registered trademarks of AnazaoHealth Corporation, © 2013. All Rights Reserved.