



Co-Q10

(cardiovascular/antioxidant support*)



Zao® Co-Q10 is a dietary supplement for cardiovascular, periodontal and antioxidant support.* It is a vital nutrient for the formulation of Adenosine Triphosphate, the basic energy molecule used by every cell.

Zao® Co-Q10 for Energy

Co-Q10 is found in the mitochondria, where energy is made. Hundreds of mitochondria are present in each cell. Co-Q10 is a vitamin-like compound also known as ubiquinone. Ubiquinone combines two terms to describe this substance; -quinone is a type of coenzyme and ubiquitous indicates it exists everywhere in the human body.* Co-Q10 is found in the highest concentration in "high energy" organs such as the brain, heart, muscles, liver, kidney, and pancreas.

Zao® Co-Q10 for Antioxidant Support

Co-Q10 is an important antioxidant and is recommended to support the immune system, heart, liver and gum tissue functions.* Because of Co-Q10's antioxidant properties, Co-Q10 helps neutralize the free radicals found in the body. Some sources of free radicals are cigarette smoke, pesticides, toxic chemicals, radiation, and ultraviolet rays. Free radicals damage cells in the body making it increasingly difficult to fight off infection. Neutralizing the amount of free radicals within the body can have many positive effects on your body.*

Studies have shown people with cardiac insufficiencies had very low levels of Co-Q10, but supplements increased their Co-Q10 levels.

Zao® Co-Q10 Recommended for:

- Periodontal health*
- Recurrent or persistent mouth and gum concerns*
- Enhanced energy production for a healthy immune response*
- Cardiovascular support*
- Carbohydrate metabolism*
- Oxygen utilization*
- Increased circulation, physical energy and stamina*
- Liver support and detoxification processes*
- Geriatric patients because levels of Co-Q10 in the body decline with age*
- Support against free radicals*
- Healthy heart muscle*
- Supporting a healthy aging process*

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Each Capsule contains:

Vitamin E (from Mixed Tocopherols)	30 IU
Coenzyme Q10 (Co-Q10)	100 mg

Other ingredients: Capsule (gelatin, glycerin, water, carob), Rice Bran Oil, Beeswax and Beta-Carotene (D. Salina).

- **Suggested Use:** Take 1 softgel capsule, 1-2 times daily preferably with meals, or as directed by your healthcare practitioner.



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